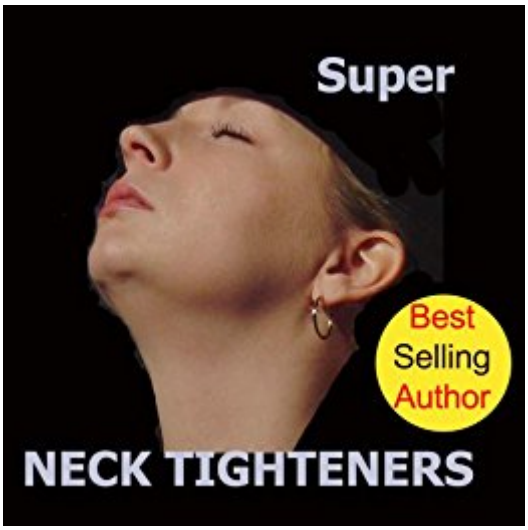
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Natural Facelift Super Neck Tighteners That Rejuvenate The Neck And Diminish A Double Chin!



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Synopsis

BEST SELLER!SUPER NECK TIGHTENERS! WITH BONUS SUPER FACIAL FIRMING MASK FRESH FROM THE FRIDGE!ONE DAY YOU LOOK INTO THE MIRROR AND SAY! "OMG! Where did that turkey neck come from?" And you panic. You go to the search box and type in "smooth wrinkle-free neck" and look for appliances, creams, and maybe even... shhhh...a cosmetic surgeon. Well, before you open that door, consider this.THE BASICSThere are the basics for keeping a taut, wrinkle free, youthful neck. One is to keep an eye on your posture. Slouching allows neck muscles to become flaccid. With time, your neck shortens and your skin begins to hang in folds. Observe how you stand, walk and sit. Also remember regular exercise. Include those luscious stretches. Treat yourself for at least twenty minutes, three times weekly. Then there are the following facial acupressure stimulation points and Ã¢â ¬Å“non-wrinklingÃ¢â ¬Â• facial exercises to really put your program into high gear. You will really see and feel a difference.LEARN HOW TO:Give yourself a natural acupressure facelift as it pertains to the neckUse natural skin care to erase neck wrinklesEliminate a turkey neckTighten a sagging neck with simple neck exercises Eliminate a double chinTighten your neckEliminate jowlsAnd FOR A BONUS make a simple SKIN TIGHTENING MASK fresh from the fridge!Ã Â What people are saying!This is a must-have book for anyone wanting to look younger and enjoy their reflection in the mirror.I just love Julia Busch's power-packed books! She's spot on with her recommendations...A great alternative to expensive creams and massages!I've read her other wonderful books in the "Natural Facelift" series and each is a winner.MUST reading!Ã Â Scroll Up and Click the orange "BUY NOW" Button to start Tightening Today

Book Information

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Customer Reviews

Only 3 neck exercises that don’t seem very helpful. Some acupressure points and basic posture advice. Amazed by the positive reviews. Mostly white space on a Kindle, even though there are few pages.

This is a must-have book for anyone wanting to look younger and enjoy their reflection in the mirror. Doing these exercises regularly will tone and tighten and is far better (and cheaper & pain-free) than a surgical face lift. Why put yourself through the pain and cost of the knife, when Julia has provided such wonderful easy exercises that get lasting results? Surgical face lifts wear off and ’drop’ over the years but this is evergreen. It just makes good, wholistic sense!I’ve read her other wonderful books in the "Natural Facelift" series and each is a winner..MUST reading!

I just read this very short book. Exercises look good, not sure about the mask recipie. May try it, though. I’ll try the exercises and see if they work.

All good exercises, but my neck seems to need additional help.

Funny this book should come along just as I was looking in the mirror and thinking I’d look 15 years younger if I didn’t have the flap under my chin. Perfect timing. I’m going to work on it NOW. Read it, and you’ll do the same.

A complete rip-off!

I have only just started using the directions in this book but right away I noticed that my neck felt "lighter." That is often how people feel following a massage but these techniques are really light and

gentle (so you don’t tug on your skin.) I believe this is a super alternative to painful and costly surgeries and I’m sure not inclined to try that route! I anticipate that using these light stimulating movements over a period of weeks will make quite a difference. Why? Because bodies heal all the time and your muscles and skin are a big part of your body. I have purchased other natural beauty books by this author and I use them, too.

As a doctor, I appreciate authors that offer up sound advice and good info. This book is one such example. The author has done a fine job in an easy-to-read format and provides sound information to any reader. This book is worth your time and investment.

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